

TROUBLE MONSTER

THE LEADER OF ALL TROUBLE MONSTERS

PLANS IT.
WHISPERS IT.
GROWS IT.
THE GOAL?
TO STEAL YOUR
PERSONAL POWER.

1. "You're not good enough, so why even try?"

2. "It's too hard. You'll never figure it out."

3. "Just give up. It's easier that way."

4. "Other people are better than you. You'll never measure up."

5. "You don't have what it takes. You're alone in this."

GIVE UP
AND MAKE
MY DAY!

DON'T LISTEN! YOU CHOOSE WHAT TO BELIEVE!
YOUR PERSONAL POWER IS STRONGER THAN THE TROUBLE MONSTER!