

ISOLATION MONSTER

WANTS YOU
TO PULL AWAY
FROM PEOPLE

1. "No one
really cares
about you."

2. "You're
better off
alone."

3. "People
won't
understand
you."

4. "You don't
belong."

5. "It's safer
to stay away
so you won't
get hurt again."

DON'T LET THE ISOLATION MONSTER WIN!

YOUR PERSONAL POWER GROWS WHEN YOU REACH OUT,
STAY CONNECTED, AND LET PEOPLE IN!

